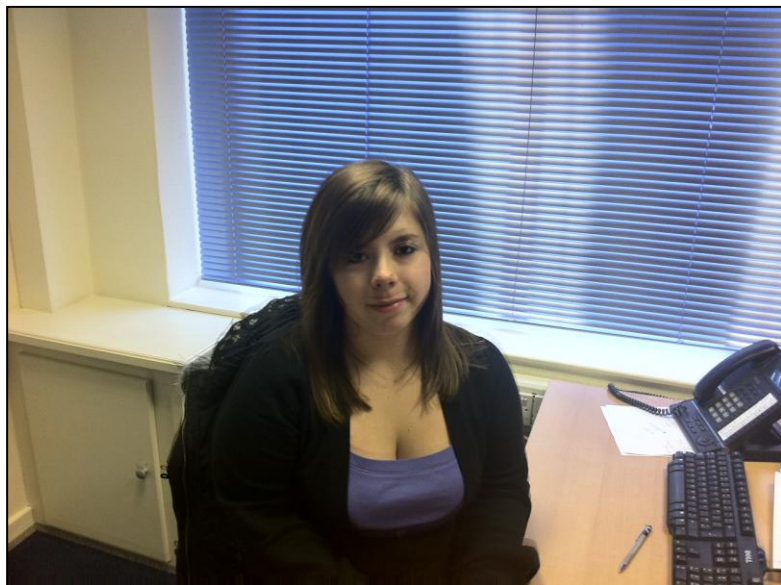


Prostart Training – e2e Program

Rachael – APS Fire & Security, Long Eaton



Rachael started Prostart on our Entry to Employment Programme in February 2009 as she wanted to gain new skills, more qualifications and get help in finding a job.

Rachael attended Prostart 3 days a week to work on her confidence and employability skills and quickly showed motivation and determination to succeed. Rachael attended various work placements to improve her knowledge, skills and confidence in a work environment. The feedback from these placements was always extremely positive.

Rachael commented: 'Prostart have helped me by giving me options to choose from and also helping me gain key skills and qualifications. I have also had some brilliant work placements'

Rachael has since secured a full time Apprenticeship post with APS Fire & Security in Long Eaton and has now started her Apprenticeship in Business Administration. APS have helped Rachael by 'training her in different parts of Administration and generally being there to help her.'

Kim Ellis, Rachael's Manager at APS commented: 'As a small business, the Apprenticeship enables us to employ a motivated individual who is learning the right skills for our business whilst training on the job.'