



NATTER

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Welcome to the September edition of Natter.

We hope this newsletter continues to be a good source of news and information. Remember this news letter is for you, so if you would like to contribute to future editions please phone, fax or e-mail us (contact details above).

We hope you enjoy reading it.

Editor

Britain's 'Skillionaires' revealed

From football and motor racing to hairdressing and catering, the City & Guilds Vocational Rich List 2011 features big names from multiple industries
A-level students might think twice about their career options as research released to celebrate WorldSkills London 2011 – the UK's biggest showcase of vocational skills for over 20 years – reveals the riches accrued by Britons with a vocational education.

The City & Guilds Vocational Rich List ranks wealth among those who have built their fortunes following an Apprenticeship or other practical qualification. And defying the downturn, the seventh edition of the List shows Britain's self-made, vocational elite are worth a collective £17.6 billion - a billion pound increase since 2008.

The List, independently compiled by Philip Beresford, author of the annual Sunday Times Rich List, will be welcome news to many as it proves you don't need to be born rich to become rich. Now worth millions, 94 of the top 100 have made their way in the business world on their own merits. Instead, household names including John Frieda (position 22) and Formula One backroom star Ross Brawn (position 34) began their careers as apprentices.

And, contradicting Lord Alan Sugar, who recently commented that he is yet to meet an engineer "who can turn his hand to business," 24 of the top 100 vocational millionaires have made their fortune following an engineering Apprenticeship. This includes Sir Anthony Bamford, the JCB billionaire, who saw his family fortune shoot up to £2.15 billion this year, putting him in pole position.





Dragon's Den judge and leisure industry magnate Deborah Meadon (position 63) adds a boost to the number of women on the list with her self-made fortune valued at £40 million. Deborah is one of a handful of well-known women including fashionistas Linda Bennett, founder of LK Bennett (position 41), City & Guilds qualified Karen Millen (position 63) and Stella McCartney and cook and food writer, Delia Smith (both position 89).

Delia joins a host of other well-known TV Chefs including Jamie Oliver (position 33), Rick Stein (position 79) and Gary Rhodes (position 100) all of whom started their careers having completed a vocational catering qualification.

But while celebrity chefs may have cooked themselves up a fortune, it's the entrepreneurs from industry, including high tech sectors, that lead the way in the 2011 List making up 30 of the 100, up nine from 2008. They are followed by property and construction with 25 millionaires and the leisure industry with ten.

The regional spread is as even as the spread in industry with only 24 of the 100 coming from the South East, breaking the North South divide. Scotland is second with 20 individuals on the list, followed by the North West with 11 and Yorkshire and the Midlands tie in fourth place with nine.

Chris Jones, CEO and Director General of City & Guilds said:

"Our latest Vocational Rich List proves you don't need a degree to succeed. The List not only celebrates the success of Britain's leading business men and women, but also serves as an inspiration to others to discover their talent and unlock their potential through vocational education and skills training. Many of the contestants at this year's WorldSkills London event have done just that and I have no doubt that one day we will see some of their names on the List."

Entrepreneur and Dragon's Den star Deborah Meaden, who appears at position 63 in the list, added:

"As someone who set up their own business at a young age, I know only too well how important it is to have the right skills and the right attitude to become successful. I think it's wonderful that industrious, talented young people are being celebrated through WorldSkills London 2011; skills really do mean business and I hope that the Competition inspires people to think about different ways to achieve their goals."

The release of the latest City & Guilds Vocational Rich List will be particularly welcomed by the country's Geminis as the research shows people born under this star have the business nous to be leading entrepreneurs - 1 in 5 Vocational Rich millionaires are Geminis including diamond billionaire Laurence Graff (position 2), Jamie Oliver (position 33), former Formula One World Champion Sir Jackie Stewart (position 62), and John Bloor (position 11) who revived motorbike manufacturer Triumph.

Aidan Jones, Chief Executive of WorldSkills London 2011 said:

"You don't need to marry into money, appear on Big Brother or go to university to become rich, the City & Guilds Vocational Rich List shows all you need is talent and ambition to become the next 'Skillionaire'.

The competition in October aims to open people's eyes and capture people's imaginations, allowing thousands to discover their career aspirations and show that you can achieve your ambitions through skills."



City & Guilds Vocational Rich List 2011: Top 20 Millionaires

Rank	Name	(GBPm)	Background	Region
1	Sir Anthony Bamford	2,150	Industry	Staffordshire
2	Laurence Graff	2,000	Diamonds	London (East)
3	John Caudwell	1,500	Mobile phones	Stoke-on-Trent
4	Sir James Dyson	1,450	Industry	Malmesbury
5	Sir Terry Matthews	1,043	Telecoms	Newport
6	Jim McColl	570	Industry	Glasgow/London
7	Trevor Hemmings	550	Property and leisure	Lancashire
8	Sir David McMurty	450	Industry	Dublin
9	Sir Arnold Clark	430	Car sales	Glasgow
10	Steve Morgan	400	Property and Construction	Liverpool
11	John Bloor	385	Industry	Midlands
12	David Wilson	360	Construction	Leicestershire
13	Ray O' Rourke	315	Construction	County Mayo
14	Jack Tordoff	290	Car Sales	Bradford
15	David Hood	250	Electronics	Shipley
16	Michael Clare	237	Property and Retailing	Beaconsfield
17	John Deer	210	Industry	Wotton-under-Edge
18	Michael Oglesby	200	Property	Scunthorpe
19	Peter Dawson	187	Truck rentals	Milton Keynes
20	Ron Dennis	177	Industry and motor sports	Woking

To see the full List or to find out more, visit: <http://www.cityandguilds.com/vrl2011> or <http://www.worldskillslondon2011.com/news> or <http://www.youtube.com/watch?v=OnM9vnbN6XQ>.

Employer of the month

Sam Beard would like to nominate Broxtowe Borough Council for how supportive they have been to Steven Freemantle. 'They always take time to discuss in great detail with me Stephen's progress and development, and he has come along fantastically in the time he has been there due to their continued support and training.

It is always a pleasure coming to their offices not only from the reception I get from the Manager Steve Dixon but also all the other staff are always very friendly and helpful, giving advice whenever possible'.



Frank's Floral Display...

For the last three years Prostart Assessor Frank Harrison has won the Erewash Borough Council 'Pride in Erewash' Front Garden Competition.

Here are some photos of his entry for 2011. The results will be published in October and we will let you know how he gets on – Good Luck Frank!



Prostart Assessor Emma will be doing a 36 mile sponsored bike ride on the 16th October and all money raised goes to the British Heart Foundation:
<http://www.bhf.org.uk/get-involved/events/view-event.aspx?ps=1001004>

If you would like sponsor Emma please e-mail: emmablackmore@prostartuk.co.uk

Vacancies

Area	Position	Requirements
Mansfield	Business Administration Apprentice	Must have excellent communication and IT Skills.
Basford, Nottingham	Business Administration Apprentice	Must be hardworking and like dealing with people.
COMING SOON!!!	Business Administration Apprentices across Nottingham within various NHS Trusts.	Clean Criminal Checks and References will be required.

For further details on any of the vacancies above please contact our Recruitment Team on 08448150804



Equality & Diversity

Calendar of events for September

8th – Nativity of the Theotokos (Christian) - Orthodox Christians celebrate the birth of the Virgin Mary

Birthday of the Blessed Virgin Mary (Christian) -Roman Catholics celebrate the birth of the Virgin Mary.

Feast of the Birth of Mary (Christian) – Orthodox, Roman Catholic and Anglican Churches celebrate the birth of Mary, mother of Jesus.

11th - Ethiopian New Year (Rastafari) - The start of the New Year in Ethiopia is recognised because Rastafarians believe Ethiopia to be their spiritual homeland, and a place to which they want to return.

23rd - Autumn Equinox (Pagan) - This day is celebrated when day and night are of equal duration.

28th - Navaratri (start) (Hindu) - Navaratri (nine nights) symbolises the triumph of good over evil and marks the start of autumn.

29th - Michaelmas/St Michael, St Gabriel and St Raphael's Day (Christian) - A feast day in honour of the archangel Michael. Michael is one of the angels named in the Bible (along with Gabriel and, in some traditions including Roman Catholic, Raphael.)

Rosh Hashanah (1st day) (Jewish) - Jewish New Year. A two-day festival during which work is not permitted

Also

Awareness days for September include....

8th International Literacy Day

21st International Day of Peace and World Alzheimer's Day

22nd World Car Free Day

And how about - International Talk Like a Pirate Day on the 19th.... Avast, me hearties



15 August 2011 – BBC News

Teachers targeted by cyberbullying pupils and parents



School teachers have been subjected to online abuse and cyberbullying by pupils and parents, a study has found.

Research carried out by the University of Plymouth found parents were responsible for a quarter of the abuse suffered by teachers.

Nearly 400 teachers nationwide, both primary and secondary, were surveyed for Prof Andy Phippen's study. The research showed pupils were responsible for most of the abuse, but in 26% of cases it was parents who played a role.

"From the research it appears that kids can be perpetrators as well as victims," he told BBC News. "The most shocking is the parental abuse."

Researchers surveyed 377 education professionals nationwide and carried out 10 in-depth case studies.

The study revealed that 35% of respondents said that either they, or their colleagues, had been subjected to some form of online abuse.

Teachers from both primary and secondary schools had been targeted.

"It can affect teachers anywhere - from a small rural primary to a large urban secondary," Prof Phippen said.

<http://www.bbc.co.uk/news/uk-england-devon-14529633>

FACEBOOK has revealed huge changes to its privacy settings so users can have more control over what is shown on their page.

Pictures and comments posted online will now have their own dropdown menu so users can select who can view them.

People will also be able to approve pictures they are 'tagged' in before they appear on their profile.

Facebook said the feature — called Pending Post — was the number one request from users.

It means people can stop themselves being 'tagged' by other people in embarrassing situations.

The social networking site has previously come under fire for its privacy settings, with critics saying the system was too complicated.

A spokeswoman for Facebook said the introduction of new controls was about making privacy "simple and easy to use".

For more go to: <http://www.thesun.co.uk/sol/homepage/news/3771410/Facebooks-new-privacy-controls.html>



Quotes

You can't choose your circumstances, but you can choose to overcome them.

To be well respected you must first be respectful to others.
Julie Burnett

The Wall

If you'd like your comments posted on 'The Wall' please e-mail info@prostartuk.co.uk or visit Prostart's Facebook page and post a message.

A dream come true for Ami

Apprenticeships have brought enormous value and benefits to many employers across Great Britain and Mercia College is at the forefront in supplying employers with the dedicated learners they need. One such company to take advantage of the Apprenticeship scheme is the award winning



Restaurant Zest, located on George Street in Derby's affluent Cathedral Quarter. Mercia College first contacted Zest in May 2011 and from there Mercia were able to establish the needs of the business. Chris Bailey, the head chef at Zest, required an apprentice chef to take under his wing and to pass on his expertise. Mercia were then able to shortlist a number of learners who were suitable for Chris' requirements and arrange interviews for them. After the initial interviews Chris and Mercia arranged work trials to better assess the capabilities of the candidates. The successful candidate was Ami Fuller and she was over the moon with the prospect of working and being trained by such a prestigious restaurant "Thank you Mercia for all your help, training to be a chef is a dream come true for me" was Ami's response and Chris was equally as pleased with the outcome 'We got on straight away and Ami is a quick learner with a natural ability with food so all in all its a match made in heaven'. Ami has now started her work and is progressing really well and will soon be on her way to be a top Chef.

For more information call **01332 332727** or visit www.mercia-college.co.uk

Footnote: Mercia work in partnership with Prostart Training to delivery Apprenticeships in Health and Social Care and Foundation Learning in Derby.

Health & Safety - First Aid Kit Best Practice

Health & Safety Executive guidelines

The Health and Safety (First-Aid) Regulations 1981 requires employers to provide adequate and appropriate first-aid equipment, facilities and people so your employees can be given immediate help if they are injured or taken ill at work.

What is 'adequate and appropriate' will depend on the circumstances in your workplace and you should assess what your first-aid needs are.

The minimum first-aid provision on any work site is:

- A suitably stocked first-aid box
- An appointed person to take charge of first-aid arrangements
- Information for employees about first-aid arrangements

It is important to remember that accidents and illness can happen at any time. First aid provision needs to be available at all times people are at work.

First aid kits

First aid kits are a legal requirement for every workplace. It must also be clearly marked in a green box with a white cross on it. Your staff should all be made aware of where the nearest first aid box is located; it should be easily accessible for people and the contents should be checked regularly to make sure all items are in stock and in date.

Although the Health and Safety Executive does not issue a definitive list for what your first aid box contains, it offers the following list as a guide to minimum provision in a low risk environment.

- A leaflet giving general advice on first aid
- 20 individually wrapped sterile plasters in assorted sizes. Hypoallergenic can be provided if necessary
- Two sterile eye pads
- Four individually wrapped triangular bandages, preferably sterile
- Six safety pins
- Two large, sterile, individually wrapped un-mediated wound dressings
- Six medium sized, individually wrapped un-mediated wound dressings
- A pair of disposable gloves

New British Standard for first aid kit manufacturers

There is a new 'British Standard' that the manufacturers of first aid kits have been granted. This means that when purchasing a first aid kit if it meets the 'Standard' you will see a mark from the British Standards Institute.

The Health and Safety Executive has made no changes to their legislation and guidance. They state that all first aid kits in the workplace would reflect the findings of the risk assessment that all employers are required to conduct, and this does not necessarily match the 'British Standard' first aid kits.

Depending on the type of work you do, your risk assessment may highlight the need for additional first aid materials

<http://www.redcrossfirstaidtraining.co.uk/>



Achievers

Big congratulations go to Nicky Adcock for being selected as 'Agent of the month' in August's edition of Call Centre Helper.

Call Centre Helper is an online publication with open forums and case studies and any other information you would need regarding Call Centres (surprisingly☺).

Please see the link below:

<http://www.callcentrehelper.com/agent-of-the-month-august-2011-22842.htm>

Lianne Bowles the Office Manager at Health In Mind Service, Nottinghamshire Healthcare Trust would like to congratulate Philip Hall for a promotion at NHS Lets Talk Wellbeing City to a band 3 Team Secretary.



Jodie	Eyre	Advanced Apprenticeship	Business and Administration
Jade	Beadsworth	Apprenticeship	Business and Administration
Deana	Newman	Apprenticeship	Customer Service
Benjamin	Doherty	Apprenticeship	Business and Administration
Natasha	Coalwood	Apprenticeship	Certificate in Team Leading
Samuel	Wheatley	Apprenticeship	Certificate in Business and Administration
Olivia	Tyler	Apprenticeship	NVQ Certificate in Business and Administration
Uzair	Suhail	Apprenticeship	Diploma for IT Users (ITQ
Deborah	Matthews	NVQ2	Warehousing and Storage
Andrew	Richardson	NVQ2	NVQ in Warehousing and Storage
Zoie	Caudle	NVQ3	Certificate in Business and Administration
Georgina	Taylor	NVQ3	Diploma in Retail Skills (Management)

Also congratulations to the following learners who have received a promotion or been given additional responsibilities at work in the last few months:-

Scott Michael	McLachlan	Additional Duties
Chelsea	Boardman	Additional Duties
Sarah	King	Promotion
Emma	Fletcher	Additional Duties
Peter	Huggins	Additional Duties
Rachel	Dowsett	Additional Duties
Hannah	Garment	Additional Duties
Kimberley	Rogers	Promotion
Paul	Wightman	Additional Duties
Ryan	Yates	Additional Duties
Anne	Smithurst	Additional Duties
Julie	Fox	Additional Duties
Michelle	Cass	Additional Duties



Health Corner - Food of the month

Denise's (Healthy Food in the spotlight)

Sweet Potatoes



High in Vitamin A

amount	minerals contained	vitamins contained
One medium sweet potato baked in its skin contains 2.29 grams of protein, 103 calories and 3.8 grams of fiber.	<p>Potassium - 542 mg</p> <p>Phosphorus - 62 mg</p> <p>Magnesium - 31 mg</p> <p>Calcium - 43 mg</p> <p>Sodium - 41 mg</p> <p>Iron - 0.79 mg</p> <p>Selenium - 0.2 mg</p> <p>Manganese - 0.567 mg</p> <p>Zinc - 0.36 mg</p> <p>Copper - 0.184 mg</p> <p>Also contains small amounts of other minerals</p>	<p>Vitamin C - 22.3 mg</p> <p>Niacin - 1.695 mg</p> <p>Vitamin B1 (thiamine) - 0.122 mg</p> <p>Vitamin B2 (riboflavin) - 0.121 mg</p> <p>Vitamin B6 - 0.326 mg</p> <p>Pantothenic Acid - 1.008 mg</p> <p>Folate - 7 mcg</p> <p>Vitamin A - 21,909 mg</p> <p>Vitamin K - 2.6 mcg</p> <p>Vitamin E - 0.81 mg</p> <p>Contains some other vitamins in small amounts.</p>

Vitamin A helps cell reproduction. It also stimulates immunity and is needed for formation of some hormones. Vitamin A helps vision and promotes bone growth, tooth development, and helps maintain healthy skin, hair, and mucous membranes. It has been shown to be an effective preventive against measles.

Deficiency can cause night blindness, dry skin, poor bone growth, and weak tooth enamel.

Alpha-carotene, beta-carotene and retinol are all versions of Vitamin A

Save a Packet on the High Street

Good News! All learners are entitled to sign up for the free UCAS card.

- Save a packet on the high street with your UCAS discount card.
- Information about the courses and universities you're interested in.
- Expert help from Giles, the UCAS adviser with all the reminders, hints and tips.
- Free copies of *The Independent's 'You Can'* magazine delivered to your door.
- Unlimited use of yougofurther.co.uk, the UCAS student network website.



Register at www.ucas.com/ucascard

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