

NATTER

Issue 11

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Welcome to the first edition of Natter for 2011.

We hope this newsletter continues to be a good source of news and information. Remember this newsletter is for you, so if you would like to contribute to future editions please phone, fax or e-mail us (contact details above).

We hope you enjoy reading it.

Editor

Nottinghamshire Apprenticeship Awards & Graduation Event 2010

The NTN annual Awards Evening and Graduation Ceremony is due to be held on 27th January 2011 at the East Midlands Conference Centre. During the day, Advanced Apprenticeship learners will attend a ceremony to acknowledge their dedication and hard work in completing their Framework. The following learners from Prostart will be graduating this year: -

Andrew Cawley – Advanced Apprenticeship in Management
Jade Bonser – Advanced Apprenticeship in Business Administration
Katherine Franks – Advanced Apprenticeship in Customer Service
Kayleigh Hyams – Advanced Apprenticeship in Business Administration



The evening will see the annual Nottinghamshire Work Based Learning Awards take place. Prostart are pleased to announce that Nottinghamshire Health & Social Care Community Workforce Team are finalists in the Employer of the year category. All the team at Prostart would like to wish Jo, Jackie and all the team at NHSCCWT good luck for the announcement on the night.

Employer of the month



East Midlands Ambulance Services have been nominated for all the support and encouragement they give to their apprentices. Prostart have been working with EMAS for many years now and they have supported a great number of apprentices from leaving school, helping them to progress and achieve not only their qualifications but attain and develop into key roles within the NHS such as Head Office support and ICT support workers. All the apprentices there are now very highly regarded and have become vital team players. The supervisors and other staff are always welcoming and accommodating to Prostart and we hope to continue working with them in the future.



Equality & Diversity

Socio Economic Duty Scrapped

Accusing the former Labour Government of political correctness and social engineering, Theresa May Equalities Minister and Home Secretary has confirmed the Socio Economic Duty will be scrapped from the Equality Act earlier this week.

Alongside the existing public sector duties, the socio economic duty would have demanded public bodies to consider the impact of policy on people from poorer backgrounds, in the same way they currently need to consider the impact of policy decisions on women, minorities and disabled people. While the new Equality Duty (Due for implemented in April 2011) plans to extend considerations to also cover age, religion and belief, sexual orientation and gender reassignment, the socio economic duty, dubbed as socialism in one clause by critics, will be removed.

The public sector Equality Duty is part of the Equality Act 2010 and is planned to come into force in April 2011 current form suggests it's not unlikely there will be more significant changes. The government are due to announce measures to tackle the gender pay gap in the next two weeks so perhaps more clues then. What is certain now is this government want to reduce the amount interference and compliance Whitehall make with policy decisions, what remains to be seen is if this will be a good thing for Equality and Diversity.

**WE ARE
MACMILLAN.
CANCER SUPPORT**

As part of its Working through cancer campaign, Macmillan Cancer Support has put together some essential information to help employers understand what the Equality Act means for employees with cancer, their carers and HR professionals: The Equality Act 2010 and cancer - how it affects you: a guide for employers.

http://www.macmillan.org.uk/GetInvolved/Campaigns/WorkingThroughCancer/WorkingThroughCancer.aspx?utm_source=PeopleManagement&utm_medium=display&utm_content=WTC_2&utm_campaign=WTC2010

Quote

*I don't believe you have to be better than everybody else. I believe you have to be better than you ever thought you could be. **Ken Venturi***



Health & Safety

New Year, renewed call to reduce workplace death and injury in Nottinghamshire

Employers in Nottinghamshire are being urged to start the New Year as they mean to go on when it comes to health and safety.

The Health and Safety Executive (HSE) is warning that there is no room for complacency despite the total number of work-related fatalities across Britain being at a record low.

According to figures released for 2009/10, three workers in Nottinghamshire were fatally injured, an increase from two in the previous year. The number of major injuries to workers in the county fell however, with 520 people affected, down from 525 the previous year.

[View Press release 'New year, renewed call to reduce workplace death and injury in Nottinghamshire'](#)

Feedback



The Government wants your opinion to count!

The Young People's Learning Agency, Skills Funding Agency and Department for Business Innovation and Skills want you to share your views in online surveys giving feedback on your life as a learner.

You'll get £1-£2 in shopping vouchers every time you take part in a survey and might be invited to take part in an online discussion where you'll earn £20-£30.

Find out more at: <http://www.learnerpanel.co.uk/fe>

Tip of the month

10 Privacy Settings every Facebook user should know-

<http://www.allfacebook.com/facebook-privacy-2009-02>

The Wall



On the last day before the Foundation learners broke up for Christmas, Matthew kindly brought in his Playstation 3 along with the game: Guitar Hero. This of course meant there was room for Adam, a tutor on the course, to play the drums alongside Aaron and Andy singing.

Former learner Corron Meikle, now training to become a tutor for Prostart, also had a go on the drums. However, he was lucky enough to escape Eve's new found paparazzi talent!

Eve's photography was put to better use during the holidays on the arrival of her 3rd Grandchild; Benjamin, who weighed 8lb 9oz; born 22/11/2010.

Congratulations, Eve!



If you'd like your comments posted on '**The Wall**' please e-mail info@prostartuk.co.uk or visit Prostart's Facebook page and post a message.

Website Update

Prostart's new website launched... www.prostartuk.co.uk

As reported in December's issue, we have taken on board your feedback from the survey that was carried out last year and have improved the format and content of our website, hopefully this is now easier to follow and navigate.

There is a news section and links to previous editions of this newsletter. We are also beginning to build up the case studies and testimonials section. If you would like to feedback about your experience of being a Prostart apprentice please use the feedback form under the 'Contact Us' section.

The L-zone is still under construction, so bear with us while we continue to upload content to this section. If you would like a password to access this please e-mail Nina Ricci at ninaricci@prostartuk.co.uk.

We are still working on the site so please bear with us as we will continue to upload more resources.

We would like your feedback on the new website, please go to the News Section on the front page, select 'More News' and scroll down to the questionnaire to give your feedback.

Health Corner - Food of the month

Denise's Food Idea's

Denise's (Healthy Food in the spotlight)			
Spirulina (seaweed)			
		High supply of Vitamin E and rich in iron and other minerals	
amount	minerals contained	vitamins contained	
One cup of dried spirulina has 64.37 grams protein, 325 calories and 4 grams of dietary fiber.	Potassium - 1527 mg Phosphorus - 132 mg Magnesium - 218 mg Calcium - 134 mg Iron - 31.92 mg Zinc - 2.24 mg Manganese - 2.128 mg Sodium - 1174 mg Selenium - 8.1 mg Copper - 6.832 mg Also contains small amounts of other minerals.	Vitamin C - 11.3 mg Niacin - 14.358 mg Vitamin B1 - (thiamine) - 2.666 mg Vitamin B2 - (riboflavin) - 4.11 mg Vitamin B6 - 0.408 mg Pantothenic Acid - 3.898 mg Folate - 105 mcg Vitamin A - 638 mg Vitamin K - 28.6 mcg Vitamin E - 5.6 mg Contains some other vitamins in small amounts.	
Like vitamin C, vitamin E plays a significant role as an antioxidant, thereby protecting body tissue from the damage of oxidation. It is important in the formation of red blood cells and the use of vitamin K. Many women also use it to help minimize the appearance of wrinkles, and mothers use it to help heal minor wounds without scarring, as it is valued for its ability to soothe and heal broken or stressed skin tissue.			

Save a Packet on the High Street

Good News! All learners are entitled to sign up for the free UCAS card.

- Save a packet on the high street with your UCAS discount card.
- Information about the courses and universities you're interested in.
- Expert help from Giles, the UCAS adviser with all the reminders, hints and tips.
- Free copies of *The Independent's 'You Can'* magazine delivered to your door.
- Unlimited use of yougofurther.co.uk, the UCAS student network website.



Register at www.ucas.com/ucascard

Thanks for reading!

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